

# COMMITMENT STATEMENT

To Break Free from my Limitations & Turn my Dreams into Reality

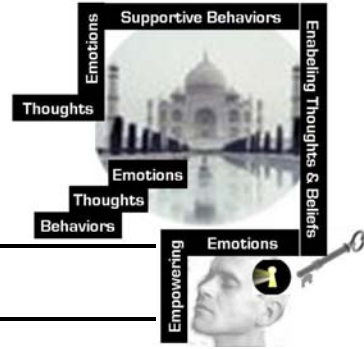
On this day, the \_\_\_\_\_ of \_\_\_\_\_, 200\_\_\_\_, I commit to...

List 1 to 3 Dreams or Goals:

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Because (when I do achieve this/if I don't achieve this)...

List 1 to 3 reasons why you must achieve your dreams or goals (Think about what will happen if you do achieve them and what would happen if you don't).

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I am committed to living my new identity of \_\_\_\_\_  
in order to achieve these goals & dreams.

In order to turn my dreams into reality I am committed to breaking free from the following limitations that have held me back in the past...

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In order to turn my dreams into reality my first step will be to...

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\_\_\_\_\_  
Signature